



Summer 2013

WORD AND LIFE

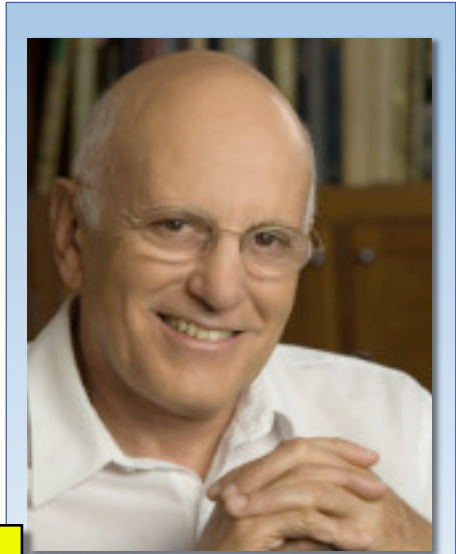
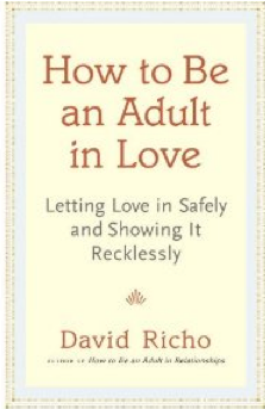
Thoughtful Christians in search of mature faith

WORD AND LIFE PRESENTS

“FIVE MAY MORNINGS WITH DAVE RICHO”

He will lead a discussion of his new book:

How to Be an Adult in Love: Letting Love in Safely and showing it Recklessly



David Richo, Ph.D., M.F.T., is a psychotherapist, teacher, workshop leader, and writer who works in Santa Barbara and San Francisco California. He combines Jungian, transpersonal, and mythic perspectives in his work.

**Save \$10
Pre-register**

A Preview...

I say yes to everything that happens to me today as an opportunity to give and receive love without reserve.

I am thankful for the enduring capacity to love that has come to me from the Sacred Heart of the universe.

May everything that happens to me today open my heart more and more.

May all that I think, say, feel, and do express loving-kindness toward myself, those close to me, and all beings.

May love be my life purpose, my bliss, my destiny, the richest grace I can receive or give.

And may I always be especially compassionate toward those who are lost or least, lone or last.

*\$60 registration includes five sessions and the book.
\$45 registration for the five sessions without the book*

DATE	CHAPTERS	SUBJECT
May 2	Preface, Introduction, Chapter 1	What is Spirituality and What is Love?
May 9	Chapters 2 and 3	The Virtue of Loving Ourselves
May 16	Chapters 6 and 7	Loving Near and Dear
May 23	Chapters 8 and Appendix 1	Loving Far and Wide
May 30	Chapter 9 and the Epilog	Deepening our Love for God

<p>For More Information Contact</p> <p>Bob Doering 3810Pueblo Ave Santa Barbara, CA 93110 805-450 - 3424 bobdoering@wordandlife.us</p>	<p>Event Details</p> <ul style="list-style-type: none"> • Thursdays 10am-noon • First Presbyterian Church 21 E. Constance Ave. Santa Barbara, 93105 • Make checks out to Word and Life and mail to Bob Doering--address at left 	<p>Visit our Website</p> <p>www.wordandlife.us</p> <ul style="list-style-type: none"> • Listen to recordings of past speakers • Understand our approach to spirituality • Contact our Steering Committee
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